







Doffing guide

Doffing of contaminated surgical gown and gloves

- A. Start by doffing the first overglove turning it inside out.
- B. Repeat with your second overglove. Dispose of the gloves.
- C. Grab the gown by the waist area.
- D. Pull the gown away from your body to break the ties. If reusable gown untie the surgical gown with help from a colleague.
- E. Touching only the outside of the gown with your gloved hands, bring the neck and the sleeves of the gown forward.
- F. Keeping arms and gown away from your body, roll it into a bundle. Dispose of the gown.
- G. Remove your first underglove by pulling it by the cuff area with your gloved hand. Bundle it into your gloved hand.
- H. Remove the last glove, touching only the inside of the glove.
- I. Dispose of the gloves and disinfect your hands.











